



PLEASE COMPLETE IN BLOCK CAPITALS

## the conference

The Exploring Psychology conference offers an insight into careers and university courses in the fascinating field of psychology.

Specifically the purpose of this conference is to demonstrate the scope and diversity of the subjects available. Students may have to decide on whether to specialise in Clinical Psychology or in Social Psychology, and this decision may have implications for the university they apply to or the course they select.

The conference presentations have been grouped with the emphasis on Clinical Psychology in Programme 1 and Social Psychology in Programme 2. Those sessions which will have relevance for all attending will be offered in the evening session which is common to both programmes, as is the overnight stay giving students the chance to sample life in a university hall. Students may attend either or both programmes, and taken together, they offer a range of presentations that will both inform and inspire.

Not least, you will be able to socialise with young people from across the country who share your ambitions and interests. The value of such an experience cannot be emphasised enough, as this will be for many, the first and only opportunity to encounter university life before they finally commit themselves to a course and place of study.

## the edge

**This optional session has the single aim of improving your chances of winning a place at university.**

- How to work with your teachers to ensure a good school report.
- Problems with A-levels; what are the solutions?
- What do the psychology schools think about...? You ask, we answer.
- Bring the questions and we will supply the means of obtaining the answers.
- How to make your UCAS form really stand out.
- Interview techniques that really work.
- Poor A-level results need not be the end.
- And much much more.

## the sessions

### for all delegates 17th - 18th April 2011

#### THE A-level EXAMINER: Grade A is possible - discover how

What can you do to move from a grade C to a grade A in your written exam? Working with materials produced by you a leading A-level examiner shows you what is needed to obtain that grade A.

#### WINNING A PLACE AT UNIVERSITY

Huge differences exist between the many types of psychology course. What are the differences and what are the qualifications and requirements needed to make a successful application.

#### AND an overnight stay on university campus

#### LIKING & SEXUAL ATTRACTION: A practical approach

Is physical attraction all that there is to attracting the opposite sex? Research suggests that attraction is more than the physical. Given this what practical help can psychology offer men and women as they seek to attract the opposite sex.

### programme one (clinical) 17th April 2011

#### GAMBLING AND ADDICTION

Addiction is commonly associated with physiological dependency and substance abuse. Psychological addictions are however more common and just as destructive. Through experiments and case studies learn what psychologists can tell us about the causes and cures of these addictions.

#### NEURO LINGUISTIC PROGRAMMING

NLP is one of the most powerful and successful collections of ideas and techniques to emerge from cognitive psychology. In this session we explore the foundations and principles of the approach and examine how it can be used in everyday life to combat phobias through to improving personal relationships. A practical as well as theoretical session that will provide you with the tools to take the study of NLP further.

#### THE PSYCHOLOGY OF PSYCHOSIS

Mental illness will affect most of us, either directly or through a family member or friend. As psychologists we are especially interested in understanding the possible reasons why individuals descend into psychosis. In this presentation we explore the mechanisms that lead to the breakdown of the mind, with special reference to the role of developmental factors.

#### EATING DISORDERS AND PERSONALITY

Using research on eating disorders and body image, this presentation shows how psychological models of the personality are constructed and applied to understand and treat abnormal behaviour.

#### PHYSIOLOGICAL PSYCHOLOGY:

##### Understanding stress its causes & cures

From cancer to mental breakdown, stress has been identified as a key factor in undermining our health and well-being. For psychologists an understanding of the causes of stress and their management is an important research area. In this session a leading psychologist describes and explains their work in this field.

#### NEUROPSYCHOLOGY: The effects of brain damage

In this presentation a leading neuropsychologist assesses what can be learned of the workings of the 'normal' human brain through a study of damaged brains. The strengths and weaknesses of the techniques of the neuropsychologist will be explored through a series of fascinating case histories.

### programme two (social) 18th April 2011

#### FREUD AND THE ANALYSIS OF DREAMS

This presentation promises to make clear Freud's ideas on sex, dreams and the unconscious. From a discussion of Freud's case histories through to the analysis of your own dreams (you are invited to bring dream samples with you for interpretation) the session offers a stimulating and interactive insight into the role of dreams as a tool for psychologists.

#### THE PARANORMAL: A psychologist investigates

Tony Youens, a world expert on paranormal investigation, offers an exciting insight into the background and current research of this enigmatic subject. A contributor to a prize offering £1000000 to anyone who can prove the existence of 'life after death', Tony's presentation questions the paranormal, but then he does something... leaving those watching/listening with the question 'just how did he do that'!

#### CYBERSPACE ROMANCE:

The social power of the internet continues to grow in both reach and influence. From social networking pages through to chat rooms and internet dating sites, more people are spending more time, effort and money in creating their relationships online. In this session we explore the psychology of online relationships with an emphasis on what is required to make successful relationships online.

#### PIAGET MEETS BEETHOVEN: Children's internal representation of music

As children we are exposed to music through listening and being taught to play instruments. Some research has even indicated that such contact has a genuine benefit to the child's overall cognitive development. Despite the importance of music, few psychologists have explored the means through which the child embraces musical concepts. In this presentation a leading researcher in the field examines how children first acquire and internally represent music as part of their cognitive development.

#### CHILD PSYCHOLOGY

Child psychology is one of the most important areas of modern psychology. In this presentation we explore how a child's memory of real encounters can be confused by TV/fictional events. The implications for eye-witness testimony are examined.

#### FORENSIC PSYCHOLOGY: Criminal profiling

The murderer is most likely a white male aged 25 to 35 years. It is probable that he lives alone, has few friends and little in the way of outside interests. The profile suggests that he has offended before, possibly burglary. The profile further indicates that he will strike again. How do psychologists produce such profiles and how accurate can we expect them to be?

The organisers reserve the right to change the programme without notice. Full booking conditions overleaf.

NAME OF ORGANISER \_\_\_\_\_  
Teacher/guardian/parent/delegate - please delete those that do not apply

SCHOOL/COLLEGE \_\_\_\_\_

HOME/SCHOOL ADDRESS \_\_\_\_\_  
Delete as appropriate and give address for correspondence

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\_\_\_\_\_ POST CODE \_\_\_\_\_

TELEPHONE \_\_\_\_\_ MOBILE \_\_\_\_\_

A mobile contact number enables us to text you with breaking information and availability for those on a waiting list

E-MAIL\* \_\_\_\_\_  
\*Please complete as this will enable us to contact you at short notice if necessary

Please tick box if you would like an e-mail in receipt of this form

PLEASE LIST ALL DELEGATES OVERLEAF

BOOK \_\_\_\_\_ Programme One places at £62.80 (inc VAT @ 20%) each £ \_\_\_\_\_  
(Postal bookings received before 23/12/10 & on-line bookings received by 24.00hrs on 31/12/10 at £61.50 inc VAT @ 17.5%)

BOOK \_\_\_\_\_ Programme Two places at £62.80 (inc VAT @ 20%) each £ \_\_\_\_\_  
(Postal bookings received before 23/12/10 & on-line bookings received by 24.00hrs on 31/12/10 at £61.50 inc VAT @ 17.5%)

BOOK \_\_\_\_\_ Double places at £99.50 (inc VAT @ 20%) each £ \_\_\_\_\_  
(Postal bookings received before 23/12/10 & on-line bookings received by 24.00hrs on 31/12/10 at £97.50 inc VAT @ 17.5%)

ADD \_\_\_\_\_ places on the edge optional session at £10.50 (inc VAT @ 20%) each £ \_\_\_\_\_  
(Postal bookings received before 23/12/10 & on-line bookings received by 24.00hrs on 31/12/10 at £10.25 inc VAT @ 17.5%)

ADD \_\_\_\_\_ places at £25.00 per teacher\*\* £ \_\_\_\_\_  
\*\*Teachers do not need to accompany delegates but one may attend free if supervising 10 or more delegates.

Add charge for Credit Card Payment at £3.95 £ \_\_\_\_\_  
(Does not apply to debit cards or cheques)

TOTAL FEES ENCLOSED £ \_\_\_\_\_

APPLICATION IS ONLY VALID IF REVERSE OF THIS FORM IS ALSO COMPLETED

CHEQUE  (Please make payable to THE WORKSHOP.  
Cheques from individual delegates are acceptable, but please print name of delegate on reverse.)

DEBIT CARD  CREDIT CARD  PLEASE NOTE: WE DO NOT ACCEPT AMEX

Visa Debit  Solo  Visa  Visa Electron  Mastercard £ \_\_\_\_\_

Maestro / Solo issue no./valid date \_\_\_\_\_

Card no.                      Expiry Date

Name \_\_\_\_\_ Signature \_\_\_\_\_  
As it appears on the card

Please enter 3 digit security code that appears on the signature strip of your card.     
\*Credit card transactions will incur a £3.95 transaction fee. Debit cards will be processed at no charge.  
Please enter cardholder's FULL ADDRESS below if different from above.

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FOR OFFICE USE ONLY

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# EXPLORING PSYCHOLOGY

An overnight conference for Year 12 and 13 students

to be held at  
**The University of Nottingham**  
 on  
**17th - 18th April 2011**



**THE WORKSHOP • PO Box 40 • Loughborough • LE11 1PT**

Tel: 01509 233133 / 235879 Fax: 01509 218808

psychology@workshop-uk.info

www.workshop-uk.com

### The Conference: EXPLORING PSYCHOLOGY

The Exploring Psychology conference offers an insight into careers and university courses in the fascinating field of psychology. Students may have to decide on whether to specialise in Clinical Psychology or in Social Psychology, and this decision may have implications for the university they apply to or the course they select. The conference presentations have been grouped with the emphasis on **Clinical Psychology** in Programme 1 and **Social Psychology** in Programme 2. Those sessions which will have relevance for all attending will be offered in the evening session which is common to both programmes, as is the overnight stay giving students the chance to sample life in a university hall. Students may attend either or both programmes, and taken together, they offer a range of presentations that will both inform and inspire.

#### Pre-Conference

Go to the online notice board accessed via The Workshop site at www.workshop-uk.com, arrange lifts and make friends BEFORE you arrive at the conference.

**Presentations:** 17th & 18th April 2011

**All students will hear the following presentations:**

THE A-level EXAMINER: Grade A is possible - discover how  
 WINNING A PLACE AT UNIVERSITY  
 LIKING & SEXUAL ATTRACTION: A practical approach

#### Programme 1

**Date:** 17th April 2011

GAMBLING AND ADDICTION  
 NEUROLINGUISTIC PROGRAMMING  
 THE PSYCHOLOGY OF PSYCHOSIS  
 EATING DISORDERS AND PERSONALITY  
 PHYSIOLOGICAL PSYCHOLOGY  
 NEUROPSYCHOLOGY

#### Programme 2

**Date:** 18th April 2011

FREUD AND THE ANALYSIS OF DREAMS  
 THE PARANORMAL  
 CYBERSPACE ROMANCE  
 PIAGET MEETS BEETHOVEN  
 CHILD PSYCHOLOGY  
 FORENSIC PSYCHOLOGY

**The Edge (optional session £10.50 inc. VAT at 20%)**

Voted as the most helpful and inspirational session that students have attended, we promise that this additional event will equip you with tools and techniques that will improve your performance in all aspects of the application and interview process. Further the skills that you will acquire will offer you a genuine edge as you embark on your chosen career.

**Location:** University of Nottingham

**Fees:** •2010 PRICES HELD• To reduce the impact of 2011 VAT rises, we have kept our net fees the same or less than for 2010. £62.80 (Single programme) or £99.50 (Both programmes) inc. VAT at 20%. Prices include one night's bed and breakfast. **The Edge** optional session is £10.50 inc. VAT at 20%. (Please see Booking form for lower prices for early booking)

**Contact:** Exploring Psychology, PO Box 40, Loughborough LE11 1PT

**Email:** psychology@workshop-uk.info

**Visit:** www.workshop-uk.com for FAQ, on-line booking, download application form etc.

**Tel:** 01509 233133 or 235879

**Fax:** 01509 218808

### Dates and Location

**Exploring Psychology** will be held on **Sunday 17th - Monday 18th April 2011.**

**Programme 1** will begin at 11am on 17th and end around 10.30am on 18th April.

**Programme 2** will begin at 5.30pm on 17th and end around 6pm on 18th April, with both courses sharing a common evening session and overnight stay. Delegates may attend either or both courses. The conference will be held at the University of Nottingham with accommodation in one of the University's halls of residence.

Accommodation is also available for 16th and 19th April, on request.

#### Fees

•2010 PRICES HELD• To reduce the impact of 2011 VAT rises, we have kept our net fees the same or less than for 2010. The student delegate fee is **£62.80 per person** for one programme and **£99.50** for both, which includes bed and breakfast accommodation.

**The Edge** optional session is **£10.50 inc. VAT at 20%**. (Prices are inclusive of VAT @ 20%. Reduced rate of 17.5% may be applied to any postal booking received and paid in full by 23rd December 2010 or online booking received before 24.00hrs 31st December 2010 ie **£61.50** for one programme, **£97.50** for both.) Dinner will cost between **£4-£6**. Teachers bringing students may attend at a reduced fee of **£25.00** as it will be assumed that they will be responsible for their own students and a teacher supervising 10 or more students may attend free.

Note: students do not need to be accompanied by a teacher.

#### Applications

The conference is open to students who will be 16 by the start of the conference. Please use the enclosed booking form, which **MUST** be accompanied by full payment (cheques payable to "THE WORKSHOP"). Registration details, campus plan and an information leaflet for parents/guardians, will be sent with the acknowledgement of booking by the end of January and thereafter **within 3 weeks of receipt**. If details have not been received by **7 working days before the start of the conference** please contact us immediately, so that duplicate information can be mailed in good time to make travel arrangements. Please note that places are limited: should all places be filled, fees will be returned in full, but a reserve list will be held in anticipation of late cancellations. Invoices will only be issued to institutions on receipt of a purchase order. Bookings will not be considered confirmed until full payment is made and registration details will not be mailed until payment is received. Delegates over 21 years may attend, but will be accommodated separately: please indicate on the booking form.

#### Cancellations

Cancellations must be in writing. We regret refunds cannot be made for cancellations received within 21 days of the start of the conference. A deduction of £5 per person per night will be made for cancellations received before this. Travel to the venue is not included and refunds cannot be made for failure to attend due to travel difficulties.

#### Registrations

Registration will be between 9.00am-10.30am for Programme 1 and 3.00pm-5.00pm for Programme 2. **Please check your travel times** and contact us if you cannot arrive by the start of lectures, as given in your registration details. **The Edge** session will be held on the evening of the 17th.

#### Enquiries

All enquiries should be made to The Workshop conference office and **NOT** to the host institution. A conference secretary will be available to deal with telephone enquiries Monday to Friday between 9.00am and 5.00pm and there is a 24 hour answerphone service on 01509 233133 or 235879.

**Tel:** 01509 233133 / 235879 • **Fax:** 01509 218808

**email:** psychology@workshop-uk.info

Would organisers please pass a copy of the booking conditions to the parents of all delegates.

NAME	M/F	* HOME TELEPHONE NO.
1		
2		
3		
4		
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8		
PLEASE PHOTOCOPY IF MORE THAN EIGHT DELEGATES		
*A student's home phone number enables us to contact them during school vacation, should this be necessary, and during conference we may use this as an emergency contact.		
PLEASE INDICATE IF ANY DELEGATE IS OVER 21.		
I have read the terms and conditions of booking and I am making this reservation on behalf of the delegates listed.		
I confirm they will all be 16 years by the first day of conference.		
Signed		
OVER 21		
PROGRAMME ONE		
PROGRAMME TWO		
THE EDGE		